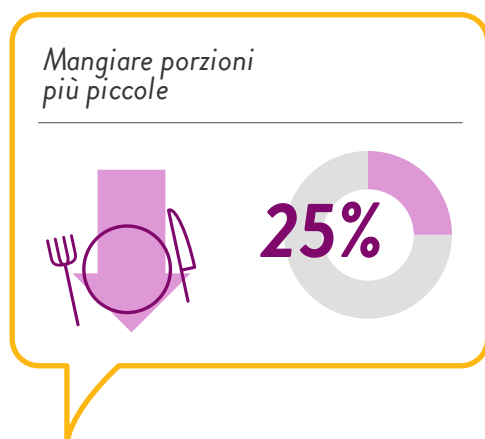
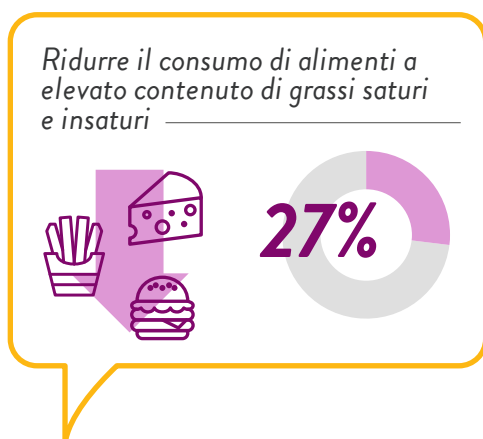
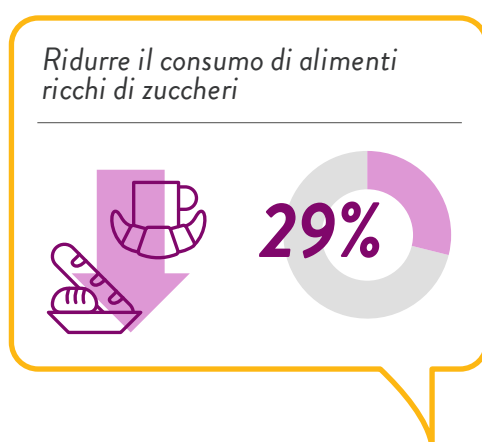
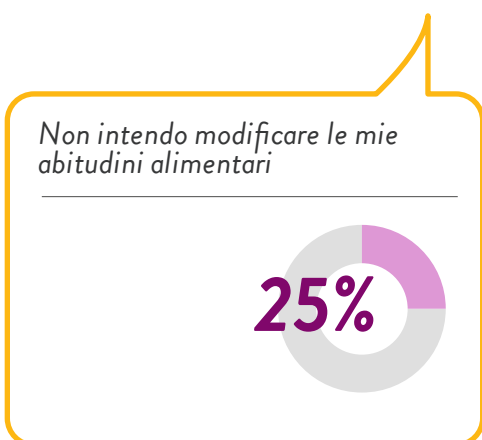
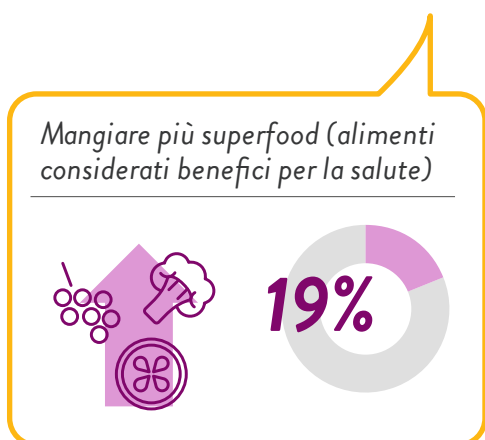
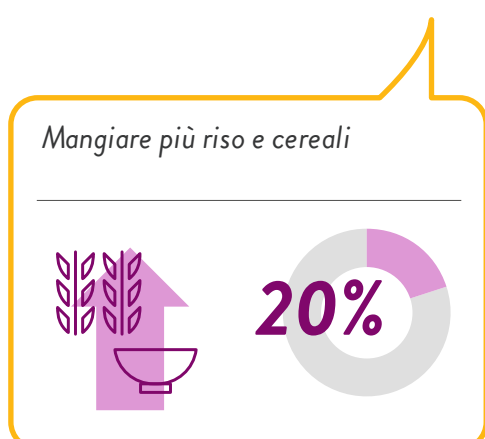
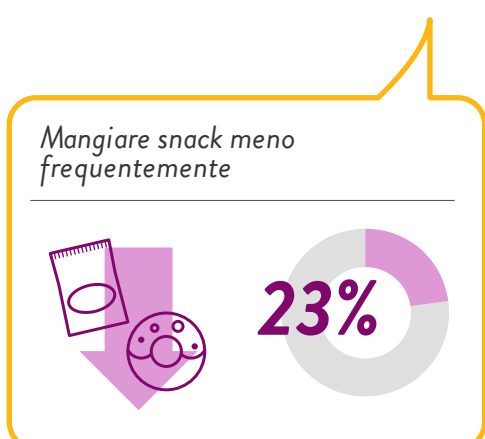


I dati emergono dalla Global Survey Health/Wellness: Food as medicine realizzata da Nielsen su un campione di oltre 30.000 individui in 63 Paesi, tra cui l'Italia



Come intendi variare la tua alimentazione nei prossimi 12 mesi?



Quali fonti di informazione consulti per determinare se un alimento è sano?

